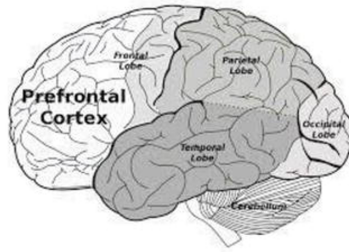


Executive Function



The Control Centre

Executive Function is a mental process that allows individuals to regulate their thinking and behaviours.



It gives us the ability to PLAN, MONITOR and ACT!

Which of these skills is most challenging for your unique learner?



Organizing



Prioritizing



Goal Setting



Self-Monitoring



Cognitive Flexibility



Working Memory

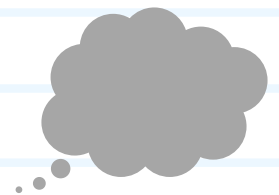
Executive Function



Meta-Cognition = Thinking about your Thinking

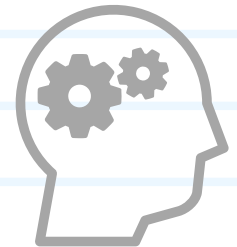
STRATEGIES, STRATEGIES, STRATEGIES

What is one area that my child needs most support in?



Flexible Thinking

What part of the day causes the most friction in our home school?



Working Memory

What strategy can we use to relieve the stress and achieve success?



Inhibitory Control

How can I break down the steps even further?

Babies are NOT born with this skill. It takes 25 years!

Work on ONE area at a time!

Executive Function



TOOLS FOR SUCCESS

Which of these tools might be helpful for my unique learner?
Consider how or when you might use each tool.



Graphic Organizers



Time Managers



Noise Canceling Headphones

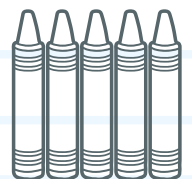


Visual Checklists



Schedule Planner

Colour Coding



By using these strategies, you can empower your unique learner to take control of the learning process and go beyond their labels.